

Appetizer

1. **Edamame** 4.25
2. **Harumaki (6)** 4.25
Chef's style vegetable spring rolls
3. **Egg Roll** 1.75
4. **Pork or Vegetable Gyoza (6)** 4.50
Steamed or pan fried
5. **Pork or Veg. Chinese Dumplings (6)** 5.00
Steamed or pan fried
6. **Shrimp Shumai (6)** 4.50
7. **French Fries** 2.50
8. **Takoyaki (4)** 6.00
Grilled octopus balls
9. **Chicken Karaage** 6.50
10. **Chicken Wings (6 pcs)** 7.00
11. **Spam Musubi (2)** 5.50
Teriyaki spam ham on rice ball (Hawaiian style)
12. **Japanese Curry Over Rice** 7.00
13. **Shrimp or Vegetable Tempura** 7.50
14. **Coconut Shrimp (5)** 7.00
15. **Kimchi** 4.00
16. **Seaweed Salad** 3.50

Soup

1. **Miso Soup** 2.50
Soy bean soup
2. **Hot and Sour Soup** 3.50
3. **Mushroom Tofu Soup** 3.50
4. **Wonton Soup** 3.00
5. **Chicken Noodle Soup** 3.00

Salad

w. ranch or blue cheese or ginger dressing

1. **Green Salad** 3.50
2. **Chicken Salad** 8.50
Teriyaki chicken over salad
3. **Seafood Salad** 9.00
Shrimp, octopus & crab sticks over salad
4. **Kani Salad** 8.25
5. **Avocado Kani Salad** 9.00

Sushi Lunch Special

(11am-4pm) with soup or salad

- Any 2 Rolls** 9.00
From regular rolls & hand rolls
- Any 3 Rolls** 12.00
From regular rolls & hand rolls
- * **Sushi Lunch** 13.00
6 pcs assorted nigiri & California roll
- * **Sashimi Lunch** 14.00
11 pcs assorted raw fish

Sushi or Sashimi A La Carte

- * **Maguro** (Tuna) 3.00
- * **Sake** (Salmon) 2.75
- Smoked Salmon** 2.75
- * **Hamachi** (Yellowtail) 3.00
- Unagi** (Eel) 3.25
- * **Hirame** (Fluke) 2.75
- * **Ikura** 6.00
- * **Tobiko** 2.50
- Tamago** 2.50
- Tako** (Octopus) 2.50
- * **White Tuna** 2.50

Sushi Bar

with soup or salad

1. * **Sushi Regular** 17.50
5 pcs sushi & 2 regular Rolls
2. * **Sashimi Regular** 20.00
15 pcs of assorted raw fish w. rice
3. * **Sushi Deluxe** 20.00
9 pcs sushi, 1 regular roll
4. * **Tri-Color Sashimi** 24.25
5 pcs tuna, 5 pcs salmon, 5 pcs yellowtail
5. * **Salmon Special** 18.75
4 pcs of sushi, 4 pcs of sashimi & 1 salmon roll
6. * **Tuna and Salmon Sushi** 20.25
4 pcs tuna, 4 pcs salmon & 1 salmon roll
7. * **Sushi Sashimi Combo** 23.75
7 pcs sashimi, 5 pcs sushi, 1 tuna roll
8. * **Chirashi** 18.75
Assorted fish & rice in a bowl
9. * **Sashimi Dream Box** 27.00
20 pcs assorted raw fish
10. * **Sushi Dream Box** 21.00
6 pcs assorted sushi and hot dream roll
(tuna, salmon, white fish, avocado & tobiko with spicy mayo)

Rolls & Hand Rolls

1. **Avocado Roll** 4.50
2. **Cucumber Roll** 4.00
3. **Sweet Potato Roll** 4.00
4. **Mushroom Avocado Roll** 4.75
5. **Asparagus Roll** 4.00
6. **AAC Roll** 4.25
Asparagus, avocado & cucumber
7. **Boston Roll** 4.75
Shrimp, cucumber & lettuce w. mayonnaise
8. * **Tuna / Spicy Tuna Roll** 4.75
9. * **Salmon / Spicy Salmon Roll** 4.75
10. **Shrimp Tempura Roll** 4.75
11. **Fried Chicken Roll** 4.75
12. **Philadelphia Roll** 4.75
Smoked salmon, cucumber & cream cheese
13. **California Roll** 4.75
14. **Salmon Skin Roll** 4.75
15. * **Alaska Roll** 5.25
Fresh salmon, cucumber & avocado
16. * **Spicy Yellowtail/ Yellowtail Scallion** 5.00
17. * **Yellowtail Jalapeño Roll** 5.00
18. * **Tuna Cucumber or Avocado Roll** 5.00
19. * **Salmon Cucumber or Avocado Roll** 5.00
20. **Eel Cucumber or Avocado Roll** 5.25
21. * **Black Pepper Tuna w. Avocado** 5.25
22. **Spicy Kani Roll** 4.75
23. **Spicy Shrimp Roll** 4.75
24. **Ginza Roll** 5.00
Cook salmon w. onion
25. * **Tuna Oshinko Roll** 5.25
26. * **Mango Shrimp Roll** 5.25
27. * **Mango Salmon Roll** 5.25

Drink

- Can Soda/Water** 1.50
- Bottle Soda** 2.25
- Snapple** 2.25
- Ramune** 2.75
Japanese Carbonated Soft Drink, Lychee, original or orange
- Ice Coffee** 3.00
- Honey Ice Tea** 3.00
- Calpico 16.9oz** 3.00
Japanese yogurt drink strawberry or original

Special Rolls

1. **Zen Steak Roll(8 pcs)** 16.00
Beef steak teriyaki w. avocado and asparagus top w. beef steak and house sauce
2. **Spider Roll** 10.00
Deep fried soft shell crab, cucumber, avocado & tobiko w. eel sauce
3. * **Tokyo Roll** 12.50
Fried Shrimp, cucumber topped w. tobiko, salmon, yellowtail & avocado
4. * **Rainbow Roll** 12.00
Kani, cucumber, avocado topped w. tuna, salmon, white fish, avocado
5. **Dragon Roll** 12.00
Eel and cucumber topped w. avocado & tobiko
6. * **Sweet Heart Roll** 11.50
Tuna, avocado topped w. spicy tuna and tobiko
7. * **Pink Lady Roll** 11.50
Salmon and avocado topped w. spicy salmon & tobiko
8. * **Yama Roll** 12.50
Spicy yellowtail, avocado topped w. yellowtail & jalapeño
9. * **American Dream Roll (5 pcs)** 10.00
Eel, tuna, salmon & avocado w. tobiko
10. * **Crazy Tuna Roll** 12.00
Spicy tuna, avocado topped w. black pepper tuna
11. * **Volcano Roll** 10.50
Tempura fried spicy tuna w. spicy mayo
12. * **Queens Roll** 12.00
Spicy salmon & avocado topped w. torched salmon, tobiko, mayo and scallion
13. **Yellowstone Roll** 14.50
Shrimp w. avocado topped w. spicy tuna & mango
14. **Salmon Tempura Roll (5)** 9.50
Salmon tempura, avocado, cucumber w. eel sauce
15. **Austin Roll** 14.50
Salmon, avocado, cucumber topped w. spicy salmon mango

Dessert & Snacks

1. **Mochi Ice Cream (2)** 3.25
Vanilla or strawberry or green tea
2. **Glico Pocky** 2.50
Matcha (green tea), cookie and cream, strawberry or chocolate
3. **Cheese Cake** 3.50

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or egg may increase your risk of foodborne illness, especially if you have certain medical conditions

Sandwich

Meal comes w. french fries and one can soda

	SW	Meal
1. Chicken Teriyaki Sandwich	6.25	8.75
2. Chicken Katsu Sandwich	5.75	8.25
<small>Breaded deep fried w. brown sauce</small>		
3. Hamburger/ Cheese Burger	5.75	8.50
4. Double Cheese Burger	8.50	10.75
5. Salmon Katsu Sandwich	6.25	8.75
<small>Breaded deep fried</small>		
6. White Fish Katsu Sandwich	5.75	8.25
7. Tokyo Sandwich	9.50	11.75
<small>Chicken katsu and beef burger patty w. lettuce and avocado</small>		

Asian Noodle & Fried Rice

Vegetable, chicken, shrimp or beef+\$2

1. Pad Thai	10.00
2. Kimchi Fried Rice	12.00
<small>w. chicken / pork katsu +\$3</small>	
3. Omelet Yaki Soba	11.00
4. Yaki Udon	10.00
5. Udon or Soba Noodle Soup	10.00
6. Lo Mein	9.50
7. Fried Rice	9.50

Bento Box Deluxe

w. rice & soup or salad,
california roll or spicy tuna roll & 2pcs pork gyoza

1. Chicken or Tofu Teriyaki	13.25
2. Beef or Salmon or Shrimp Teriyaki	15.25
3. Chicken Katsu or Kara-age	13.25
4. Pork Katsu	13.25
5. Chicken or Pork Katsu Curry	14.00
6. Chicken w. Broccoli	13.25
7. Beef or Shrimp w. Broccoli	15.25
8. General Tso's or Sesame Chicken	13.50

Asian Bowl

w. rice & soup or salad
w. fried rice \$1 extra

1. Chicken or Tofu Teriyaki	9.50
2. Salmon, Beef or Shrimp Teriyaki	11.50
3. Chicken Ginger or Pork Ginger Teriyaki	10.50
4. Chicken w. Broccoli	9.50
5. Beef or Shrimp w. Broccoli	11.50

Fried Menu

w. rice & soup or salad
w. fried rice \$1 extra

1. Chicken Kara-age or Katsu	9.50
2. Pork Katsu	9.75
3. General Tso's or Sesame Chicken	9.50
4. Orange Chicken	9.50

Tokyo Special

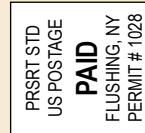
w. rice & soup or salad
w. fried rice \$1 extra

1. Oyako-Don	10.00
<small>Chicken cooked with onion, egg in sauce and served over rice</small>	
2. Katsu-Don	10.00
<small>Breaded fried chicken or pork cooked with onion and egg in sauce, served over rice</small>	
3. Katsu-Curry	10.00
<small>Breaded fried chicken, pork, white fish +\$1, or salmon +\$2 with curry sauce served over rice</small>	
4. Loco Moco	12.00
<small>Hamburger steak, egg, mushroom and onion over rice with brown gravy (Hawaiian style)</small>	

Dinner Entrée

w. rice & soup or salad

1. Chicken Teriyaki	14.00
2. Shrimp Teriyaki	16.50
3. Salmon Teriyaki	17.50
4. Seafood Teriyaki Combo	23.00
<small>w. salmon, shrimp and scallop</small>	
5. Chicken & Shrimp Teriyaki Combo	20.50
6. Chicken & Shrimp Katsu-Curry Combo	15.00
7. Seafood Katsu-Curry	18.00
<small>Salmon, white fish & shrimp</small>	



TenZen
Asian cuisine

Business Hours:

Tue - Sun: 11:30am-10:00pm
Monday Closed

We Deliver

Minimum \$10



www.tenzennyc.com

Catering Available

we accept all major credit cards,
apple pay, android pay & google wallet



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